

Pure wellness treatment programme (6 days – 20 treatments)

Treatments		Days					
		1	2	3	4	5	6
1	Pulse diagnosis (30 min)						
2	Head massage (15 min)						
3	Face massage (15 min)						
4	Foot massage (15 min)						
5	Body massage (45 min)						
6	Body scrub (45 min)						
7	Parisheka (15 min)						